

MAKING UDON!!

INGREDIENTS

<For 3 people>
Udon Flour (300g)
Salt (15g)
Water (145ml)

HOW TO MAKE

Mix salt and water
Add saltwater to the flour
Knead the dough
let the dough rest for 30min
Use your feet to knead the dough again
Roll out the dough and cut
Boil the noodles for 10min

PICTURE