

Shel -Don

Ingredients

ground beef

onion

celery

mix vegetables

garlic

Spices(onion powder/oregano/cumin/paprica/CHili powder/salt/Pepper)

ketchup

How to make

- 1) Chop the vegetables*
- 2) sauce the vegetables in the oil*
- 3) Add ground beef*
- 4) Cook mixture till beef turns brown*
- 5) Add spices*